



**Ventura Park P.S. – School Council Minutes**  
**Monday, November 5, 2018**  
**7:00 PM – 7:45 PM**

<b>Council Members</b>	<b>Role</b>	<b>Oct 1</b>	<b>Nov 5</b>	<b>Feb 4</b>	<b>Apr 1</b>	<b>Jun 10</b>
Dennis Lazovski	Chair	✓	✓			
Victoria Gamaniouk	Treasurer Liaison	✓	✓			
Mojgan Rezvani	Secretary		✓			
Jenny Alfandary	Member	✓	✓			
Danit Fischtein	Member	✓	X			
Naomi Fogel	Member	✓	✓			
Dana Glickman	Member		✓			
Maya Obadia	Member		✓			
Rosita Sadiklar	Member	✓	✓			
Dina Simkhaev	Member	✓	✓			
Shanyn Waxman	Member	✓	✓			
<b>School Admin</b>						
Arin Otis	Principal	✓	✓			
Mary MacKeracher	Vice Principal	✓	✓			
Daniel Cohen	Teacher Rep	✓	X			
Jessica Forde	Teacher Rep	✓	✓			
Sara Freedman	Teacher Rep	✓	✓			
Michelle Kwendo	Teacher Rep	✓	✓			
<b>Others present</b>						
Julie Stein	Non-Member	✓	X			
Kulsum Narajeli	Non-Member	✓	X			
Sefi Chasid			✓			
Derrick Bao			✓			
Sherri Kogan			✓			



Item	Agenda Item / Discussion / Action Required
1.	<b><u>Welcome</u></b> <ul style="list-style-type: none"> <li>Meeting Commenced at 7:00am</li> <li>New faces: Jacob, some new parents</li> </ul>
2.	<b><u>Approval of Previous Meeting Minutes</u></b> <ul style="list-style-type: none"> <li>Approved by:</li> <li>Victoria and Dana</li> </ul>
3.	<b><u>Appreciation</u></b> <ul style="list-style-type: none"> <li>Thank you everyone for a great year so far</li> </ul>
4.	<b><u>Treasurer's Update – Victoria G.</u></b> <ul style="list-style-type: none"> <li>Final #s for pizza and sub ~\$10,000</li> <li>Please see attached Treasurer's report</li> </ul>
	<b><u>Presentation-Aussie X (connected Movement)</u></b> <ul style="list-style-type: none"> <li>X movements-all have movement components</li> <li>Connected movements-experience, reflect, and connect</li> <li>Building relationships</li> <li>Have icebreakers</li> <li>Students and parent sessions</li> <li>Getting parents and kids active as well as the teachers-in person</li> <li>Sustainability through online and home programs</li> <li>Integration into the curriculum through online program</li> <li>Funfair integration-run competition</li> <li>X-Dance-Focus on multiculturalism through a dance program</li> <li>X-Fusions-self-regulation techniques and language</li> <li>X-Power- &amp; Aussie X-powerful language tricks-values-more you try you have a better chance, celebrate everything, relationship building. X-power also focuses on providing tools for conflict resolution.</li> <li>Celebrating and embracing differences</li> <li>Works well with wellness, self-regulation</li> <li>See attached flyer for more info</li> <li>Already booked for December</li> <li>Second week of December 10<sup>th</sup>-14<sup>th</sup>.</li> <li>Parent session to be on Dec 12<sup>th</sup>.</li> <li>Cost \$14/student</li> <li>Discussing the cost coverage:</li> </ul>



	<ul style="list-style-type: none"> <li>• Have about \$37,000 to spend (\$1500/ student to be earmarked. For Grad)</li> <li>• Total cost will be \$11, 470 and school has paid half) to secure for December sessions.</li> <li>• Council will cover the entire cost-unanimous.</li> </ul>
5.	<p><b><u>Co-Chairs Update</u></b></p> <ul style="list-style-type: none"> <li>• Request for gluten-free pizza             <ul style="list-style-type: none"> <li>○ Next week will be put on cash on-line</li> </ul> </li> <li>• Attended the West area council             <ul style="list-style-type: none"> <li>○ Great conference</li> <li>○ New system-online download-Edsby</li> <li>○ Provided feedback online</li> <li>○ Edsby will be rolled out soon</li> <li>○ Some challenges</li> <li>○ Report absence but you cannot cancel online</li> <li>○ It is a growing trend</li> <li>○ Parent approved absence is missing from the dropdown list – it will be put back in</li> <li>○ Blanket activity-Our History of Canada-Trying to bring it to our staff</li> </ul> </li> <li>• Parent education committee             <ul style="list-style-type: none"> <li>○ No approval yet on submission</li> <li>○ We can continue on planning - \$ 1000 – Revisit the minutes for possible options (last year was mindfulness)</li> <li>○ Mental health topic this year as well</li> <li>○ Child psychologist- Mr. Otis has a connection to bring speaker</li> <li>○ Cresol style event.</li> <li>○ Living Rhythm-Mindfulness</li> </ul> </li> <li>• Fun fair committee             <ul style="list-style-type: none"> <li>○ June. 6<sup>th</sup></li> <li>○ Need sponsorship</li> <li>○ Free activities</li> <li>○ Donation for our silent auction</li> <li>○ Get good suppliers</li> <li>○ Sending emails regarding donations and sponsors</li> </ul> </li> <li>• Greed and meet             <ul style="list-style-type: none"> <li>○ Venue was great</li> <li>○ Parents were pleased</li> <li>○ Sense of community was felt</li> </ul> </li> </ul>



6.	<p><b><u>Principal's and Teachers' Update</u></b></p> <p><b>Vice principal:</b></p> <ul style="list-style-type: none"> <li>◊ Social justice event</li> <li>◊ Workshops</li> <li>◊ Music component</li> <li>◊ Group sessions breaking out to breakout groups</li> <li>◊ Students will decide on the topics</li> <li>◊ Bring out indigenous land</li> <li>◊</li> </ul> <p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>◊ Need volunteers to cut and sort</li> <li>◊ Pizza day would be great to stay extra 30 minutes to volunteer</li> <li>◊ High school volunteers</li> <li>◊ Girls volleyball-moving forward</li> <li>◊ Boys volleyball-moving forward</li> <li>◊ Jr. volleyball is coming up</li> <li>◊ Run like a girl just finished (fall)</li> <li>◊ Dribble like a girl in Winter</li> <li>◊ T-Shirts will be sold</li> <li>◊ Need supplier</li> <li>◊</li> </ul> <p><b>Mr. Otis:</b></p> <ul style="list-style-type: none"> <li>◊ Some parents are not all aware</li> <li>◊ Need to advertise through council emails</li> <li>◊ Deadline for parent interviews are today using Edsby</li> </ul>
7.	<p><b><u>New Business</u></b></p> <ul style="list-style-type: none"> <li>◊ Lunch time and after school programs               <ul style="list-style-type: none"> <li>○ Always open for discussion</li> </ul> </li> </ul>
8.	<p><b><u>Adjournment</u></b></p> <ul style="list-style-type: none"> <li>◊ Next council meeting Monday, February 4, 2019</li> <li>◊ Meeting adjourned at pm.</li> </ul>



## MOVEMENT

X Movement integrates the powerful **Connected Movement Approach** into everything we do to energize school communities!

### MOVEMENT

Physical activity that makes you feel good, irrespective of ability.



### MINDFULNESS

Using reflection to become aware of self, others and the world around you.

### MATESHIP

Building relationships through conversation, equality and trust.



### In-School

Entertaining Social-Emotional Learning workshops guaranteed to energize your school. Programs are suited for every schedule and every child, irrespective of age or ability.



### Community Events

Invite your community to your school and have your students and their families engage in Connected Movement. The ultimate parent engagement experience!



### Online

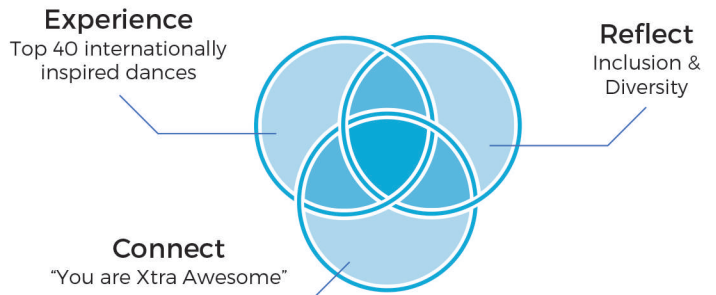
An online platform that seamlessly sustains X Movement's impact by delivering daily physical activity, mindfulness and social connection tools into the classroom.



# OUR PROGRAMS

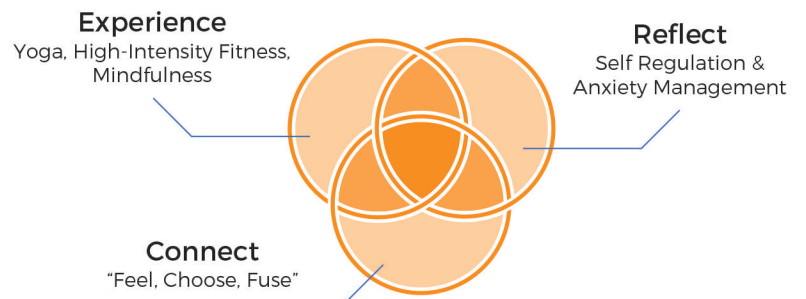
## X DANCE

Experience diversity and inclusivity through learning dance styles from around the world. Students are encouraged to celebrate the unique parts of themselves and to support others in doing the same. Through acceptance and respect, students experience choosing to include not exclude, to stand for what they believe in, to form a world where everyone feels safe to be who they truly are – one X Dancer at a time.



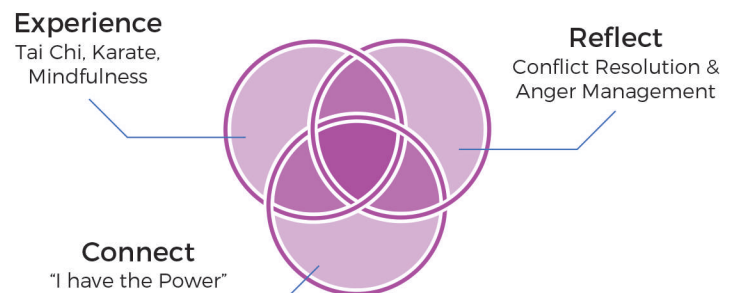
## X FUSION

A self-regulation program that fuses high-intensity fitness, yoga and mindfulness to help students become masters of their feelings and emotions. Through self-awareness, imagination and inspiration, students learn tangible tools and skills to help them navigate their way through the ups and downs of life into a calm, focused and balanced state.



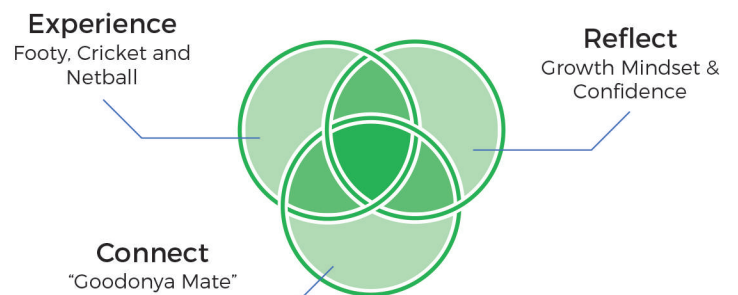
## X POWER

Discover inner power and master conflict resolution skills through a martial arts inspired experience of tai chi, karate and mindfulness. Students are taught skills to work through conflict within themselves, others and the world around them. Through the powerful mantra "I got the power...You got the power", students are encouraged to step into their power with purpose and passion to create a better world.



## AUSSIE X

A high-energy Aussie culture and sporting experience that shifts students from a fixed mindset of "I can't" to a growth mindset of "I can". Students build confidence through "Havin' a Go" at something new and support each other with a "Goodonya Mate". Regardless of ability and skills, Aussie X levels the playing field to create a growth-focused experience.





## Monthly Treasurer's Report November 5, 2018

**Opening balance as of September 2018**

**\$ 23,990.11**

<b>Source of revenue</b>	<b><u>Revenue</u></b>	<b><u>Expenditures</u></b>	<b><u>Expenditures to be incurred by Jan'19</u></b>	<b><u>Profit</u></b>
Pizza(Term 1)	\$ 19,871.40	\$ 4,264.08	\$ 7,853.12	\$ 7,754.20
Sub sandwiches (Term 1)	\$ 10,943.95	\$ 3,134.80	\$ 5,739.19	\$ 2,069.96
Lunch lady		\$ -		\$ -
		<b><u>Subtotal</u></b>		<b>9,824.16</b>

**Balance as of Nov 1/18**

**\$ 47,256.58**

**Available funds as of Nov 1/18**

**\$ 27,414.27**

<b>Needs Assessment List 2018-2019</b>	
Technology Cost Sharing	\$ 6,250.00
Team VP registration	\$ 150.00
<b>Total</b>	<b>\$ 6,400.00</b>

Prepared by: Victoria Gamaniouk, School Council Treasurer  
**Ventura Park Public School**